



AMERICAN SOCIETY OF SAFETY PROFESSIONALS

Long Beach Chapter

April 2020 Newsletter

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2020 ASSP LONG BEACH CHAPTER MEETING

Meetings for our chapter are currently on hold due to the Covid-19 restrictions. Notices will be emailed regarding virtual meetings as they are scheduled.

NATIONAL PRESIDENT'S MESSAGE

OUR WORLD HAS CHANGED

Diana Stegall, CSP, CFPS, ARM, SMS, CPCU, 2019-20 ASSP President - Apr 01, 2020

When I originally wrote my message for the February issue, the topic was fleet safety, a risk many of our organizations face but often overlook. Few of us were thinking about coronavirus (COVID-19) at that time. Today, we are all talking about COVID-19 and adding new terms such as flattening the curve and social distancing to our vocabulary. As the senior elected leader of ASSP, an organization that has stood for safety for more than 100 years, I would be remiss if I did not address the changed realities this pandemic is creating for our workplaces, our families and our lives.

As the COVID-19 pandemic began to unfold, the public conversation about the disease and its spread has been fueled at times by contradictory and misleading information that has caused unnecessary panic and fear. But those reactions are a common human

response. In the absence of clear information, we tend to take actions that provide us with some sense of control. That is why it is critical to base our decisions and responses on information and guidance from credible sources such as CDC and World Health Organization, as well as information from our local health and government authorities.

This situation has revealed another challenge that we can help address: Inadequate disaster recovery and business continuity plans. By getting involved in your organization's disaster recovery planning, you can provide specific insight to help your company plan for the worst-case scenario and be better prepared to respond, even during unprecedented times like these.

To help your company assess its plans, first consider the range of external factors that can impact your organization based on its location and operations. Then identify what controls you can implement to mitigate those factors. It is also important to identify alternative sources of products, materials and services in case the company's primary providers are unable to deliver. This can include products ranging from basic items such as office supplies to more critical items such as potable water and food services. Once you have identified these alternatives, work to have agreements in place before you need them.

Also be sure to consider the needs of your workforce and how high-stress events will likely affect them. This includes understanding the need to protect employees' mental health as well as their physical safety. The constant news coverage of the pandemic is affecting your workers' emotional health. The widespread movement to have people work remotely is also introducing different risks and stressors that we need to understand and manage.

You are likely experiencing some of these impacts as well. In times like these, it is best to listen to credible sources; practice healthy hygiene, eating and exercise habits; focus on what you can control; and take care of yourself. Staying healthy will ensure that you are available to help and support your employees, your families and your communities.

ASSP's Board of Directors recognizes our responsibility to evaluate risks, keep perspective and make decisions based on the latest information available. We are working closely with ASSP's amazing staff to help keep our members safe. We are supporting efforts to flatten the curve by postponing in-person education courses and providing virtual meeting options, and we are supporting a work-from-home approach that helps our staff stay safe and healthy while continuing to effectively serve you and your organizations. As we all adapt to the changing realities created by this pandemic, I have adopted a new mantra: "Hope for the best. Prepare for the worst." My hope is that through the measures we are all taking, as well as those measures being enacted at the local, state and federal levels, we will slow the spread of this disease and help protect people everywhere. Please take good care!

CAL/OSHA GUIDANCE POSTED ON REQUIREMENTS TO PROTECT WORKERS FROM CORONAVIRUS

Cal/OSHA is posting this message to provide employers, workers and other safety and health professionals in California with vital information on what is required to protect workers from exposure to airborne infectious diseases such as the coronavirus. Guidance documents, educational materials and model programs have been posted on Cal/OSHA's website to help employer's comply with the requirements. Cal/OSHA recommends employers review this guidance along with their existing procedures to ensure that their plans are effectively protecting workers.

Our goal at the Department of Industrial Relations and Cal/OSHA is to ensure that you have the information you need to protect your workers during this state of emergency. Employers with questions can call (800) 963-9424 for assistance from Cal/OSHA Consultation Services. Employees with work-related questions or complaints may contact DIR's Call Center in English or Spanish at 844-LABOR-DIR (844-522-6734)

[Cal/OSHA webpage on Requirements to Protect Workers from Coronavirus](#)

[Cal/OSHA Interim Guidelines for General Industry on 2019 Novel Coronavirus Disease \(COVID-19\)](#)

PRESIDENT'S MESSAGE

We are facing a severe challenge with the emergence of the coronavirus. As safety and health professionals, we are supporting our fellow coworkers / businesses / clients through implementation and enforcement of measures such as social distancing, health checks, and disinfection practices. ASSP has been very helpful with distribution of COVID-19 information that we can adopt as safe operating practices at the office and at home. Society has requested that we not have in-person meetings until at least May 15.

We will take advantage of using on-line meetings to continue ASSP networking; for example, the Region 1 ROC meeting scheduled for Hawaii was canceled and replaced with a virtual meeting. As we work from home / office during this pandemic, know that ASSP is a resource. I would also be glad to share the coronavirus strategies that the company I work for is doing.

Stay well and be safe, Steve Comley - ASSP Long Beach Chapter President

CALENDAR OF EVENTS

- AIHA Conference & Expo – CANCELLED
- ASSP Annual Safety Conference, June 23rd through 25th, Orlando, Florida (No cancellation news as of the date of this newsletter)

CSU DOMINGUEZ HILLS OFFERS OSHA COURSES ONLINE

April 13th - June 1st

Due to the current health emergency, OSHA has granted the CSUDH OSHA Training Institute Education Center the opportunity to run the following courses online as a pilot program. **For the very first time, these courses are being offered online. Take advantage of this unique opportunity!** If the pilot is successful, CSUDH may be able to offer these courses online in the future.

CSUDH will be offering a variety of OSHA numbered courses as well as other occupational Safety and health courses through video conferencing. **Using a video conferencing platform.**

To register, call 310-243-3741, M-F, 8am-5pm.

For questions, call 310-243-2425 or email osha@csudh.edu.

For further information, visit csudh.edu/osha.

Video Conferencing Schedule

[Safety Audits and Inspections](#)

April 13, 14, 15, **M-T-W**

[OSHA 2264 - Permit Required Confined Space Entry](#)

April 18, 19, 25, **Sa-Su-Sa**

[OSHA 3115 - Fall Protection](#)

April 20, 21, 22, **M-T**

[OSHA 3095 - Electrical Standards](#)

Apr 25, 26, May 2, 3, **S/S**

[Trainer Course - Confined Space](#)

April 26, **Su**

[OSHA 30-Hour General Industry](#)

May 4, 5, 6, 7, **M-T-W-Th**

[OSHA 7500 - Safety and Health Management](#)

May 4, **M**

[OSHA 7205 - Health Hazard Awareness](#)

May 5, **T**

[OSHA 7845 - Recordkeeping Rule Seminar](#)

May 6, **W**

[OSHA 7105 - Evacuation and Emergency Planning](#)

May 7, **Th**

[NFPA 70E - Electrical Safety Standards](#)

May 15, **F**

[OSHA 2015 - Hazardous Materials](#)

May 16, 17, 23, 24, **Sa-Su**

[OSHA 30-Hour Construction Industry](#)

May 16, 17, 23, 24, **Sa-Su**

[OSHA 7505 - Introduction to Accident Investigation](#)

May 26, 27, **T-W**

[Advanced Incident/ Accident Investigation](#)

May 28, 29, **Th-F**

[OSHA 2225 - Respiratory Protection](#)

May 30, 31, June 6, 7, **S/S**

[Developing an Effective Hotel Safety Program](#)

June 1, 2, **M-T**

[OSHA 7200 Bloodborne Pathogens Exposure Control](#)

June 1, **M**

SCHOLARSHIP OPPORTUNITY

At the ASSP Long Beach Chapter, we continuously promote the professional growth and development of our members. At this time, we have joined efforts with the OSHA Training Institute (OTI) at California State University Dominguez Hills (CSUDH) and have opened an exciting opportunity to win a scholarship of \$1,500 to attend their continuing education programs. The safety profession has a dramatic positive impact on society, and with this scholarship the ASSP Long Beach Chapter wants to recognize the particular contributions that its members have made.

To be eligible for the scholarship you must be an active member of the ASSP Long Beach Chapter, and submit an essay using the following terms:

Topic: How would you use the scholarship to advance your career?

****All career levels are being considered – Everyone is welcome to apply****

Length: Up to 500 words

Submission

The essay, along with a cover letter, as described below, must be completed and submitted by email to: Stephen.Comley@vopak.com before 11:59 p.m. PDT on **May 29, 2020**.

Cover letters must include your name, preferred mailing address, phone, email, ASSP membership number, and a brief professional biography.

Other scholarship terms and conditions:

The scholarship will be funded between ASSP and the OTI CSUDH, does not have a cash value, and can only be used to enroll in OTI CSUDH courses. Only one essay can be submitted by each applicant and submissions after the due date will not be considered for review. The award panel will include members of both organizations and the selected essay will be announced on June 12, 2020. If the winner wishes to enroll in a course with a cost above the scholarship value, the winner must pay the excess amount.

On behalf of the ASSP Long Beach Chapter Executive Committee, we would like to wish you the best of luck!

WISE MEETING REVIEW

On February 19, 2020, the WISE (Women in Safety Excellence) common interest group of the Long Beach Chapter of ASSP held their first quarterly meeting at Mimi's Cafe on Pacific Coast Highway in Long Beach. The speaker of the evening was Aileen Yankowski, former EHS executive at Boeing and Gulf Stream, who explained the importance of setting objectives, both personal and professional, and how to meet them. Aileen also discussed her career and the pathways she took to success. The meeting was facilitated by Rosa Carrillo, who also held several group activities. Fun was had by all the attendees, and WISE encourages more women to attend the next meeting (to be announced).